



# GLEN SHIELDS FUTBOL CLUB

## 2015-2016 TECHNICAL MEETINGS

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### Coaching Meeting Dates

**September 23<sup>rd</sup>, 2015** – Organizational Meeting for Fall Indoor (All Ages)

**October 5<sup>th</sup>, 2015** – Training Block Themes for Indoor (All Ages)

**October 19<sup>th</sup>, 2015** – Review technical content of the 1<sup>st</sup> Training Block Theme (Grassroots)

**November 9<sup>th</sup>, 2015** – Review technical content of the 2<sup>nd</sup> Training Block Theme (Grassroots)

**November 30<sup>th</sup>, 2015** – Organizational Meeting for Winter Indoor (All Ages)

**December 7<sup>th</sup>, 2015** – Review technical content of the 3<sup>rd</sup> Training Block Theme (Grassroots)

**January 11<sup>th</sup>, 2016** – Organizational Meeting – How to develop the decision making player

**January 18<sup>th</sup>, 2016** – Review technical content of the 4<sup>th</sup> Training Block Theme (Grassroots)

**February 8<sup>th</sup>, 2016** – Review technical content of the 5<sup>th</sup> Training Block Theme (Grassroots)

**February 22<sup>nd</sup>, 2016** - Organizational Meeting for Spring (All Ages)

**March 11<sup>th</sup> to 20<sup>th</sup>** – MARCH BREAK

**March 21<sup>st</sup>, 2016** – Organizational Meeting for Summer (All Ages)

**April 4<sup>th</sup>, 2016** – Review Technical Content small-sided games/defending principles Deny, Delay, Deflect

*Classroom sessions are hosted on a Monday night at the Clubhouse as 90% of the teams do not train this night. Meetings will start at 7:30pm. Organizational meetings will be conducted by Dave Benning. Grassroots meetings will be conducted by Kevin Trethowan and/or Wayne Simmons*

### On-Field Clinic Dates (Saturday 9AM on the Turf Field)

**April 2<sup>nd</sup>, 2016** – Small Sided Games (Attacking/Defending)

**April 9<sup>th</sup>, 2016** – Working with the Back 3 (9vs9) or Back 4 (11vs11)

**April 16<sup>th</sup>, 2016** – Working with the MDF (point down in attack/point up when defending)

**April 23<sup>rd</sup>, 2016** – Working with the Wingers to get behind the FB

**April 30<sup>th</sup>, 2016** – Working on combination plays to get into the penalty box behind the defenders

*On field clinics are hosted prior to the start of any training sessions or OPDL exhibition games*

### On-Field Clinic Dates Recreational Coaches (Saturday 9AM on the Turf Field)

**May 7<sup>th</sup>, 2016** – Organizational field set up and rotation. Recreational Best Practices Booklet

**May 14<sup>th</sup>, 2016**

**June 11<sup>th</sup>, 2016**

**June 25<sup>th</sup>, 2016**

**July 9<sup>th</sup>, 2016**

*If any of these dates conflict with the YRSA Festivals scheduled for 2016 the dates will be moved forward one week. The clinics are hosted on Saturday morning to ensure teams are available for the purpose of the clinic.*